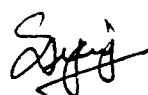


Syllabus for Recruitment of Contractual CHOs-2020

TOPICS

- A. General awareness
- B. Basics of Human Body
- C. Basics Concepts of Public Health
 - Concepts of Community Health
 - Health Care Planning and Organization of Health Care at various levels
 - Environmental Health and Sanitation
 - Introduction to Epidemiology, Epidemiological Approaches and Processes.
 - Demography, Surveillance and Interpretation of Data.
 - Biomedical Waste Management and Infection Control
- D. Child Health
 - Essential Care of Newborn at Birth
 - Management of Common Neonatal and Child Health Problems
 - Integrated Management of Neonatal and Childhood Illness
 - Introduction to Rashtriya Bal Swasthya Karyakaram
 - Universal Immunization Programme (UIP)
- E. Family Planning and Adolescent Health
 - Gynecological Conditions
 - Family Planning Methods, Spacing Techniques and Counseling
 - Medical Abortions and MTP Act
 - Counseling in Reproductive and Sexual Health including problems of Adolescents.
 - Management of Teenage Pregnancies
- F. Maternal Health
 - Introduction to RMNCH+A Programme
 - Ante Natal Care
 - Intranatal Care
 - Early Identification, Management and Referral of Complications
 - Post Partum Care



G. Communicable Diseases

- Epidemiology of Specific Communicable Diseases
- Communicable Diseases- Vector Borne Diseases
- Communicable Diseases- Infectious Diseases
- Communicable Diseases- Zoonotic Diseases

H. Non- Communicable Diseases

- Epidemiology of Specific Non- communicable Diseases
- Non- communicable Diseases- 1
- Non- communicable Diseases- 2
- Occupational Diseases
- Mental Health and Substance Abuse Disorders
- Elderly Care

I. Nutrition

- Introduction to Nutrition and Nutritional Assessment
- Nutrition during Pregnancy and Lactation
- Nutrition for Infants, Child, Adolescent and Elderly
- Nutritional Deficiency Disorders
- Food Borne Diseases, Food Safety

J. Skills Based

- Public Health Skills
- General Skills and Laboratory Skills
- Skills for Management of Common Conditions and Emergencies
- Maternal Health Skills
- Reproductive and Adolescent Health Skills
- Newborn and Child Health Skills

K. General Medicine and Medical emergencies

- Common Conditions- Gastro Intestinal System
- Common Conditions- Respiratory System
- Common Conditions- Heart, Urinary System and Blood Disorders
- Common Conditions- Eye, Ear, Nose and Throat
- First Aid in Common Emergency Conditions
- Disaster Management

Spring

L. General Pharmacology

- Essential Drugs

M. General Surgery, Trauma and Burns, ENT & Ophthalmology

- Common Surgical Conditions-1
- Common Surgical Conditions-2
- Congenital Malformations
- Screening of Common cancers

N. Miscellaneous

- Behavior Change Communication Skills and other Soft Skills
- Work Management and Administration
- Leadership, Supervision and Monitoring
- Health Management Information System
- Financial Management, Account and Computing
- Records and reports